

Monthly NEWSLETTER



February The Old Rectory Retirement Home 2026

Welcome!!

Welcome to the February edition of The Old Rectory Retirement Home Newsletter.

These monthly newsletters are created for families, residents and staffs to give updates on the activities, events and general goings on at The Old Rectory Retirement Home.

We'd love to hear from you. If you have any suggestions for topics you'd like us to include in future issues, please get in touch by emailing:
info@theoldrectoryharbledown.co.uk



Looking Back at January

January may have been a quieter winter month, but it was filled with meaningful moments, laughter, and togetherness here at the home. Residents enjoyed a wide range of activities designed to keep minds active, spirits lifted, and everyone feeling connected.

Throughout the month, we spent time enjoying group games, quizzes, and gentle exercise sessions, which were well attended and brought lots of smiles. Our arts and crafts activities were especially popular, with residents creating seasonal decorations and enjoying the chance to express their creativity in a relaxed and friendly setting.

Overall, January was a month of comfort, companionship, and gentle enjoyment, and we are proud of the enthusiasm and participation shown by our residents.



Knitting:

Our knitting session was a lovely, relaxed activity enjoyed by residents last month. Everyone took their time working on their projects while sharing conversations, laughter, and memories. The session provided a calm and comforting atmosphere, helping residents stay engaged, creative, and connected with one another. It was a pleasure to see both experienced knitters and beginners enjoying the time together.

Triominos:

Our triominos session was a fun and engaging activity enjoyed by many residents. The game encouraged friendly competition, concentration, and plenty of conversation, with lots of laughter shared around the table. It was wonderful to see residents supporting one another and enjoying time together in such a relaxed and social setting.



Birthday Celebration



We were delighted to celebrate our residents' birthdays with a special gathering filled with smiles and joy. The celebrations included cake, music, and heartfelt birthday wishes shared by residents and staff alike. It was a lovely occasion that brought everyone together and made our birthday residents feel truly special.

Upcoming Events in February:

- Valentines Day
- Pancake Day

Thank you!!

Thank you to all our residents, staff, and families for making last month so special. Your smiles, kindness, and support make our care home a welcoming and joyful place. We look forward to another month of laughter, creativity, and meaningful moments together. Stay safe, warm, and happy!