

Monthly NEWSLETTER



March

The Old Rectory Retirement Home

2026

Welcome!!

Welcome to the March edition of The Old Rectory Retirement Home Newsletter.

These monthly newsletters are created for families, residents and staffs to give updates on the activities, events and general goings on at The Old Rectory Retirement Home.

We'd love to hear from you. If you have any suggestions for topics you'd like us to include in future issues, please get in touch by emailing:
info@theoldrectoryharbledown.co.uk



Looking Back at February

February was a wonderful month in our home, filled with warmth, companionship, and many enjoyable activities for our residents. Despite the colder weather, there was a lovely sense of togetherness throughout the home, with residents taking part in a variety of social and creative activities designed to keep both the mind and body active.

Throughout the month, residents enjoyed spending time together through group activities, games, and relaxed social gatherings. These moments provided great opportunities for conversation, laughter, and building friendships. It has been lovely to see residents supporting one another and sharing stories and memories during these sessions.

We also focused on self-care and wellbeing, encouraging residents to take time to relax and look after themselves. Activities such as gentle pampering, quiet relaxation time, and wellbeing discussions helped promote comfort and positivity. These moments allowed residents to unwind and enjoy a calm and nurturing environment.

February also gave us the chance to celebrate some special occasions, including Valentine's Day and Pancake Day. These celebrations brought a cheerful atmosphere to the home, with themed activities, delicious treats, and plenty of smiles shared by residents and staff alike.

Pancake Day:

Residents had a wonderful time celebrating Pancake Day together. The delicious smell of freshly made pancakes filled the home, creating a warm and cheerful atmosphere for everyone to enjoy. Residents were able to choose from a variety of tasty toppings and enjoyed sharing their favourite combinations.

There was plenty of laughter and conversation throughout the activity, making it a fun and memorable moment for both residents and staff. It was a lovely way to celebrate the day, bringing everyone together to enjoy a traditional treat and spend quality time with one another.





Valentines Day:

Residents enjoyed a lovely Valentine's Day filled with warmth, smiles, and meaningful moments together. The home had a cheerful atmosphere as everyone took time to celebrate friendship, kindness, and the joy of spending time with one another.

A highlight of the day was a visit from the friendly dog, Barney, who came to share some extra love with our residents. His gentle and playful nature brought great joy, and many residents enjoyed spending time with him, giving him attention and enjoying his comforting presence.

Animal visits can be very uplifting, and Barney's visit brought plenty of smiles, laughter, and conversation throughout the day. It was a heartwarming experience for everyone and a wonderful way to spread a little extra love around the home on Valentine's Day.





Upcoming Events in March:

- **Mother's Day**
- **St Patrick's day**

Thank you!!

Thank you to all our residents, staff, and families for making last month so special. Your smiles, kindness, and support make our care home a welcoming and joyful place. We look forward to another month of laughter, creativity, and meaningful moments together. Stay safe, warm, and happy!