

The Old Rectory Harbledown

The Old Rectory Retirement Home – Residential Care & Respite Care

Welcome to the Old Rectory Retirement Home!

This brochure will help to inform you of the type of services we provide.

The Old Rectory Retirement Home is a registered care home for the elderly frail, able to accommodate up to 20 residents.

We are situated in the historic village of Harbledown, very close to Harbledown church and not far from Canterbury city centre. There is a convenient Bus stop just around the corner.

The Old Rectory enjoys an excellent reputation after over 30 years of service and we pride ourselves on our pleasant atmosphere in a very homely setting.

We are pleased to say that our current CQC rating remains “Good”



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Our Home

At the Old Rectory we aim to provide individually tailored, person centered care and we believe that in order to enhance our residents lives we must empower them to be as involved as possible in the planning of their care and their day to day living arrangements.

We promote a friendly, calm environment where every individual feels valued and respected. Maximizing residents' independence in safe and supportive surroundings is one of our main goals.

We have installed a nurse call system which is easy to use and available in all parts of the home, allowing residents to call for support whenever they may require it.

We have a supply of modern lifting equipment available enabling immobile residents to move safely and comfortably, as well as walk-in shower and medic bath facilities.

Our lovely gardens with large patio seating area allows residents to spend time outside either just enjoying the outdoors or getting involved in planting and flower arranging activities.



Our Facilities

We offer a wide range of facilities to make your stay with us as pleasant as possible.

- Single or double rooms, most of them with their own washing facility and toilet/en-suite
- Television by arrangement, we encourage permanent residents to bring their own TV
- Wi-Fi access can be arranged
- Nurse call system
- Bath and shower facilities
- Telephone points in all rooms
- Lifting equipment
- Stair lift
- Passenger lift
- Full in-house laundry service
- Full GP and medical support access
- Visiting hairdresser, Chiropodist and Optician
- Newspaper delivery service
- Excellent menu featuring locally sourced produce, special diets can be catered for
- Pleasant lounges, dining areas and conservatory
- Beautiful gardens
- Indoor and outdoor visiting
- Visits always welcome but we do ask that visitors avoid main meal times at 12.30 and 17.00
- Respite care/Day care
- Activity program/Events/Outings/Church services

Dining at the Old Rectory

We aim to make meal times a nice experience for everyone and feel it's important that residents can choose where they would like to have their meals and snacks. We do encourage social get-togethers, so we do invite everyone to use the pleasant dining room in the heart of the home but if someone prefers to eat in the privacy of their own room that is fully respected.

All menus are carefully planned in line with residents' preferences and dietary requirements. All food is prepared with quality and freshness in mind.

Residents can choose from various different options every day, with extra alternatives on offer if required. Drinks and snacks are available anytime. Special diets are also fully catered for.

We do enjoy arranging events at the Old Rectory where delicious food often plays a major part.



We are very proud of our catering team who have maintained a 5-star food rating award from the Food Standards Agency for a long time now.



Our Lounges - the social hub of the home

As well as our spacious dining room which also lends itself for bigger gatherings and events we have 2 lovely lounges which may well remind you of home.

They are both cozy and traditional, one is dedicated to quieter times for people who just want a bit of peace and quiet, and this lounge is appropriately called the “Quiet Lounge”.



Our second lounge is where residents come together for a chat, visits from families or to watch some TV together.



In addition to that we have a bright and cheerful conservatory for residents to sit and enjoy the views of the garden, read a book or have a chat.

The garden features a lovely seating area/patio where residents enjoy getting together during the summer months for a chat, al-fresco dining, some pot-planting or just to sit back and enjoy the good weather.



Activities

At the Old Rectory we understand that while some residents prefer privacy and quiet time, companionship is also important. Our Activity champion plans a varied program of entertainment and stimulation with residents wishes, voiced during one to one chats and during resident/relative meetings, at the forefront of her mind.

Activities offered include manicure and hand massage sessions, arts & crafts, games, exercise groups, trips out and more.



Our Bedrooms

All our bedrooms are nicely decorated and well equipped, most have en-suite facilities and those which do not, have a toilet and washing facility very nearby.

All rooms feature lovely big windows which provide lots of natural light.

We do encourage residents and their families to bring in some personal items such as pictures, photographs and ornaments to make their room as homely and person centered as possible. Personal furniture can be added by prior arrangement with the home.



A nurse call system is installed in all rooms. We do provide a TV during the first two weeks or for short respite care stays, for longer term use we do ask residents to provide their own TV set.

Telephone connection points are available in all rooms.

A modern shower room and a bath room with walk in bath are also provided.

Respite Care

We do provide Respite care subject to availability.

We understand that there are times where carers may need a holiday or have to be away for a while and in these cases, we will be happy to help as long as we have a vacancy available.

Please be assured that your loved ones will be made to feel welcomed into the home and will be safely looked after.

Come and visit us anytime!

Visits

The only request is that you avoid main Meal times, if at all possible, to avoid disruption to our residents. Lunch is at 12.30, Tea at 17.00.

Equally, if you wish to meet the Manager please give us a call first to ensure that she will be available during your visit.

Our staff

At the Old Rectory we provide 24 hour care, tailored to the individual needs of each resident in close partnership with the resident and their family.

Through skilled residential care we promote independence, maintain dignity and respect and treat residents as the unique individuals that they are, using a holistic person centered approach.

Our staff are experienced and share our vision of providing excellent care to all our residents.

Our Manager and our Head of care have extensive experience and knowledge of the Health and Social Care sector with over 30 years' experience each and all staff as well as the Management team regularly update their knowledge so that the care in the home reflects current best practice.

A lot of our staff have been with the old Rectory for a long time, some for over 20 years and we are proud to say that we have a minimal staff turnover.

We have several staff who have completed NVQ 2 and 3, some staff with NVQ level 5 or working towards it. Newly recruited staff complete the care certificate during their first 6 weeks with us.

Corona virus response

We no longer apply any restrictions to visiting but do still ask family and friends not to visit if they experience any of the following symptoms:

- High or raised temperature
- Persistent cough
- Loss of taste or smell
- Generally unwell

We ask that you not to visit the home until you have tested yourself negative for Corona virus.

It should be mentioned that any suspected or confirmed outbreak of Corona virus in the home will lead to an immediate return to restricted visiting schedules.

We would like to thank everyone with their continues support with this.

For more information on the services we provide please contact us on **01227 768004** or email the Manager on **manager@theoldrectoryharbledown.co.uk**.

Equally you could visit our website on **www.theoldrectoryharbledown.co.uk**.